

## Food aphorisms

“All you need is love. But a little chocolate now and then doesn't hurt.”

– [Charles M. Schulz](#)

“If more of us valued food and cheer and song above hoarded gold, it would be a merrier world.”

– [J.R.R. Tolkien](#)

“After a good dinner one can forgive anybody, even one's own relations.”

– [Oscar Wilde](#), [A Woman of No Importance](#)

“Owners of dogs will have noticed that, if you provide them with food and water and shelter and affection, they will think you are god. Whereas owners of cats are compelled to realize that, if you provide them with food and water and shelter and affection, they draw the conclusion that *they* are gods.”

– [Christopher Hitchens](#), [The Portable Atheist: Essential Readings for the Nonbeliever](#)

“Sharing food with another human being is an intimate act that should not be indulged in lightly.”

– [M.F.K. Fisher](#)

“Nothing tastes as good as skinny feels.”

– [Kate Moss](#)

“Man is the only animal that can remain on friendly terms with the victims he intends to eat until he eats them.”

– [Samuel Butler](#)

“Food is symbolic of love when words are inadequate. ”

– [Alan D. Wolfelt](#)

“Some people who are obsessed with food become gourmet chefs. Others become eating disorders.”

– [Marya Hornbacher](#), [Wasted: A Memoir of Anorexia and Bulimia](#)

“One cannot think well, love well, sleep well, if one has not dined well.”

– [Virginia Woolf](#), [A Room of One's Own](#)

“There are people in the world so hungry, that God cannot appear to them except in the form of bread.”

– [Mahatma Gandhi](#)

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“Food is a gift and should be treated reverentially--romanced and ritualized and seasoned with memory.”

– [Chris Bohjalian](#), *[Secrets of Eden](#)*

“There is no love sincerer than the love of food.”

– [George Bernard Shaw](#), *[Man and Superman](#)*

“The only time to eat diet food is while you're waiting for the steak to cook.”

– [Julia Child](#)

“Humor keeps us alive. Humor and food. Don't forget food. You can go a week without laughing.”

– [Joss Whedon](#)

“Part of the secret of success in life is to eat what you like and let the food fight it out inside.”

– [Mark Twain](#)

“I am not a glutton - I am an explorer of food”

– [Erma Bombeck](#)

“We must have a pie. Stress cannot exist in the presence of a pie.”

– [David Mamet](#), *[Boston Marriage](#)*

“The only real stumbling block is fear of failure. In cooking you've got to have a what-the-hell attitude.”

– [Julia Child](#)

“Eat food. Not too much. Mostly plants.”

– [Michael Pollan](#), *[In Defense of Food: An Eater's Manifesto](#)*

“Ice-cream is exquisite. What a pity it isn't illegal.”

– [Voltaire](#)

“How can you govern a country which has 246 varieties of cheese?”

– [Charles de Gaulle](#)

“The most remarkable thing about my mother is that for thirty years she served the family nothing but leftovers. The original meal has never been found.”

– [Calvin Trillin](#)

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“You can't just eat good food. You've got to talk about it too. And you've got to talk about it to somebody who understands that kind of food.”

– [Kurt Vonnegut](#), *Jailbird*

“Anything is good if it's made of chocolate.”

– [Jo Brand](#)

“The first time you see something that you have never seen before, you almost always know right away if you should eat it or run away from it.”

– [Scott Adams](#)

“Let food be thy medicine and medicine be thy food”

– [Hippocrates](#)

“Your body is not a temple, it's an amusement park. Enjoy the ride.”

– [Anthony Bourdain](#), *Kitchen Confidential: Adventures in the Culinary Underbelly*

“A fit, healthy body—that is the best fashion statement”

– [Jess C. Scott](#)

“I don't know what it is about food your mother makes for you, especially when it's something that anyone can make - pancakes, meat loaf, tuna salad - but it carries a certain taste of memory.”

– [Mitch Albom](#)

“The secret of good cooking is, first, having a love of it... If you're convinced that cooking is drudgery, you're never going to be good at it, and you might as well warm up something frozen.”

– [James Beard](#)

“The odds of going to the store for a loaf of bread and coming out with only a loaf of bread are three billion to one.”

– [Erma Bombeck](#)

“The discovery of a new dish does more for the happiness of the human race than the discovery of a star.”

– [Jean Anthelme Brillat-Savarin](#), *The Physiology of Taste: Or, Meditations on Transcendental Gastronomy*

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"I think it could be plausibly argued that changes of diet are more important than changes of dynasty or even of religion....Yet it is curious how seldom the all-importance of food is recognized. You see statues everywhere to politicians, poets, bishops, but none to cooks or bacon-curers or market gardeners."

– [George Orwell](#), [The Road to Wigan Pier](#)

"Sex is good, but not as good as fresh sweet corn."

– [Garrison Keillor](#)

"The shared meal elevates eating from a mechanical process of fueling the body to a ritual of family and community, from the mere animal biology to an act of culture."

– [Michael Pollan](#), [In Defense of Food: An Eater's Manifesto](#)

"How can a nation be called great if its bread tastes like kleenex?"

– [Julia Child](#)

"You are what what you eat eats."

– [Michael Pollan](#), [In Defense of Food: An Eater's Manifesto](#)

"Cooking is an art and patience a virtue... Careful shopping, fresh ingredients and an unhurried approach are nearly all you need. There is one more thing - love. Love for food and love for those you invite to your table. With a combination of these things you can be an artist - not perhaps in the representational style of a Dutch master, but rather more like Gauguin, the naïve, or Van Gogh, the impressionist. Plates or pictures of sunshine taste of happiness and love."

– [Keith Floyd](#)

"Thanksgiving dinner's sad and thankless. Christmas dinner's dark and blue. When you stop and try to see it From the turkey's point of view.

"Sunday dinner isn't sunny. Easter feasts are just bad luck. When you see it from the viewpoint of a chicken or a duck. Oh how I once loved tuna salad Pork and lobsters, lamb chops too Till I stopped and looked at dinner From the dinner's point of view."

– [Shel Silverstein](#)

"I will not eat oysters. I want my food dead. Not sick, not wounded: dead."

– [Woody Allen](#).